



# Step by step to the COVID test



I need to have a test.

This is to make sure I don't have a virus that could be making me sick.



I will need to go to a special place to have the test.

This will be a hospital or another building.

I may not even need to get out of the car. The testing person may come to me, and do the test through the car window.





If I don't have the test in my car I will go into a room in a building.



I will need to wear a mask over my mouth and nose.



The mask might feel a little uncomfortable but it will help keep me safe and others too.



I will need to wait my turn. I will wait in the car or inside the room.

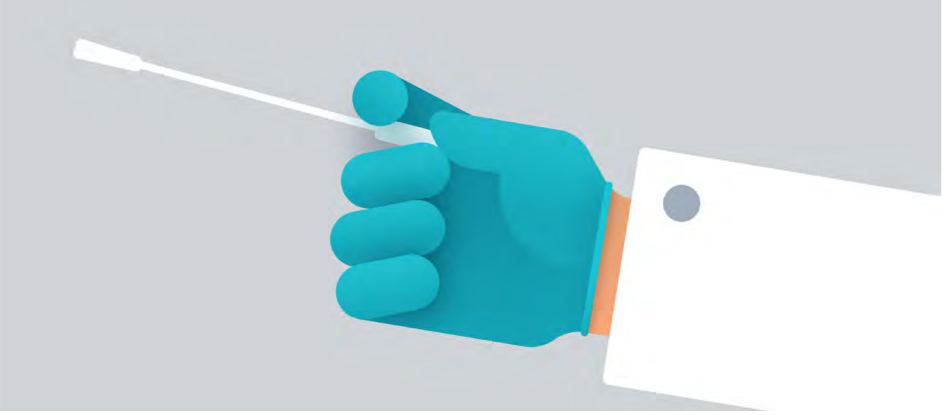
Waiting can be difficult sometimes. What could we do together while we wait?



Next is my turn. The person testing me will be wearing a special gown and gloves, as well as a mask.

They wear this equipment to keep themselves, and all of us, safe.





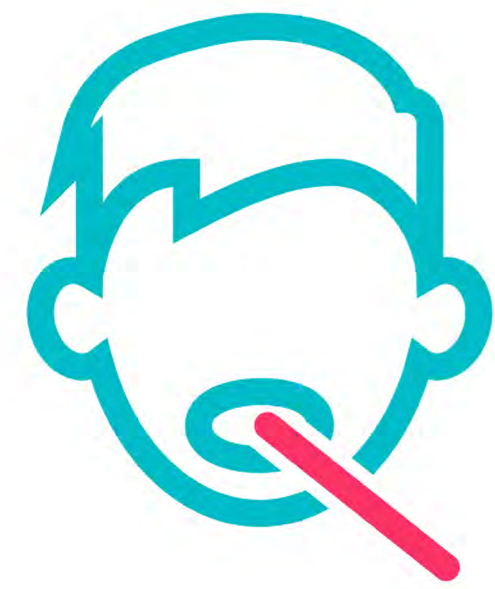
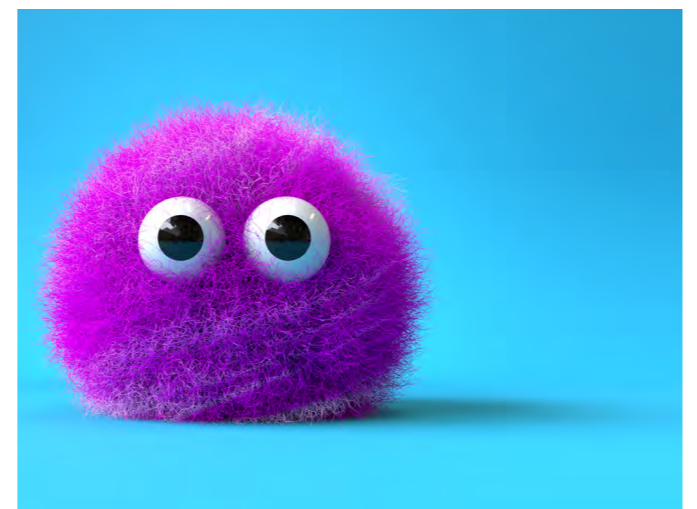
The person testing me will need to place a cotton stick in my mouth and nose.

I am feeling a bit nervous - what could I hold?

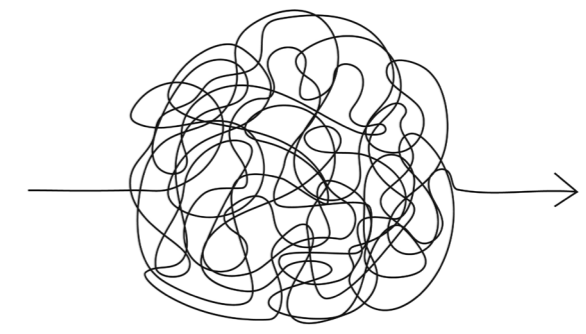


This may feel tickly and uncomfortable. You may feel like you have to cough or sneeze

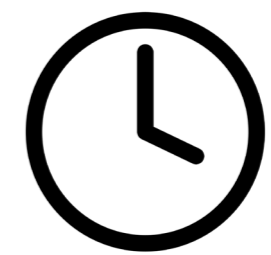
I might also hold and squeeze something when I have the test



Having the test can be a bit scary but it means you are helping keep everyone safe



It will be over quickly - the test is quicker than the time it takes to tie your shoe laces



Now the test is finished you can go home. You did it - WELL DONE

